

Appendix G

Head Lice Awareness School Newsletter Insert



HEAD LICE AWARENESS

Head lice are common in BC communities. Although they are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- ◆ Checking your child's head with the wet-combing method of detection once a week throughout the school year.
 - ◆ Review the pamphlet *Wet Combing – How to Get Rid of Head Lice*, available online, at your school and [Public Health Unit](#).
- ◆ Encouraging your child to wear their hair tied back
- ◆ Treating if you notice live lice on your child's head.
- ◆ Reminding family and friends about the importance of routine head checks.

For more information:

- ◆ [HealthLink BC File #06 Head Lice](#)
- ◆ Contact your local [Public Health Unit](#)