



















George Jays

Reflection

Name: _____

How are you feeling?

 angry	 bored	 confident	 confused	 happy	 hurt	 jealous	 kind
 curious	 disappointed	 embarrassed	 excited	 sad	 scared	 surprised	 worried

What happened?

What will you do differently next time?

Are you ready to return?

Calm  Focused 



I will work on:

- Being kind to myself
- Being kind to others
- Being kind to the school



Reflection

REFLECTION

Name: _____

I _____, _____'s parent, have spoken to _____ and heard their understanding of what happened. We have reviewed what they can do differently next time and are willing to talk with _____ further if needed.

Date: _____

Parent Signature: _____

Student signature: _____